

Unit 4

Body clocks

Preparation: Make copies of the following sheets. Each student will need either the A sheet or the B sheet.

A

- 9:00
- 2:45
- 11:15
- 4:00
- 8:15
- 6:00
- 12:30
- 1:15
- 7:30
- 5:45

B

- 1:00
- 8:15
- 6:45
- 5:15
- 11:00
- 4:30
- 7:00
- 2:30
- 3:45
- 9:15

Procedure:

1. Tell the students to imagine that their bodies are clocks.
2. Demonstrate. Think of the time 9:30. Hold your right arm out to your side (bend it a bit so it is shorter than your left arm. It represents the hour hand on a clock). Hold your left arm straight down. It represents the minute hand. Have students guess the time.
3. Demonstrate one or two more times (5:45, 7:15) to make sure they have the idea.
4. Students work in pairs. They stand and face each other. They pantomime their times as the partner guesses.